

Parental media habits & global child development

Global development ?
Motor, social, cognitive and
language skills acquired by the
child.

According to our study



Parents spent an average of 6.35h/day
of recreational screen time.

Parental screen time when the child
was 3.5 was associated with worse
global development one year later.



Solutions ?

- Limit screen time when child is present
- Adopt screen-free family activities.